



TRINITY GLOBAL SCHOOL

FOOD MENU

Breakfast

Monday	Toast-Egg Bhujia/Paneer
Tuesday	Plain Pratha, Aloo Dum
Wednesday	Chura Fry and Ghughani
Thursday	Cholay Puri
Friday	Bread Omlet/ Paw Bhaji
Saturday	Idly, Vada, Chutney and Sambhar
Sunday	Aloo Paratha, Chutney

Lunch

Monday	Zeera Rice, Chana Dal, Roti, Mix Veg, Mix Raita
Tuesday	Fried Rice, Manchurian and Salad
Wednesday	Rice, Chana Dal, Roti, Aloo-Mutter Paneer, Papad and Salad
Thursday	Rice, Roti, Saffed Mutter Cholay, Aloo Baigan/Parwal Sabji, Papad and Salad
Friday	Biryani, Choley and Onion Salad
Saturday	Khichari, Chokha, Papad, Achar
Sunday	Peas Pulao, Roti, Chana Dal Fry, Paneer Mix Veg, Boondi Raita

Snacks

Monday	Samosa with Chutney
Tuesday	Hing Kachori with Chutney
Wednesday	Aloo-Bread Sandwich
Thursday	Noodles
Friday	Bread Roll/Veg Cutlet with Chutney
Saturday	Sukha Bhunja (Bedam & Chana)
Sunday	Pasta with Sauce

Dinner

Monday	Rice, Roti, Moong Dal Fry, Seasonal Veg (Nenua/Bhindi) and Papad
Tuesday	Rice, Roti, Kadu Chana Dal, Aloo Parwal/Bhindi Bhujia, Papad
Wednesday	Roti, Dal Tadka, Egg Bhujia/Aloo Bhujia, Achar/Chutny
Thursday	Rice, Roti, Yellow Dal, Aloo-Soya/Seasonal, Papad
Friday	Paratha, Gravy Wali Sabji and Sevai
Saturday	Roti, Mix Dal, Aloo Dum and Achar
Sunday	Roti, Rice, Chicken/Paneer, Salad